

Prayer of Spiritual Communion *by Saint Alphonsus Liguori*

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You.
Amen

**To be recited after the Communion Rite and before the Prayer after Communion*